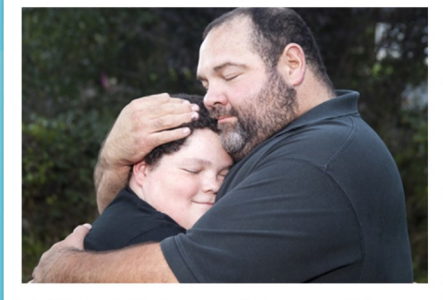


Want to enhance your  
**communication skills** and  
**strengthen your family?**



**Parents, Caregivers**  
and **Youth aged 10-14**

Join us for **FREE Dinner and Youth/Parent**  
& **Family Workshops** during  
**7 Thursday sessions, Feb 2—Mar 16, 5:30-8pm**

Learn and practice  
how to **listen,**  
be **assertive, redirect,**  
use **I-statements, praise,** and more!

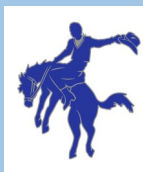
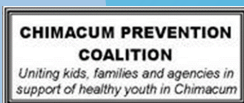


**Childcare for younger**  
**children upon request**

**Call or email to join now!** 8 Family Limit

**Dr. Denise Banker, 360-385-9438,**  
**dbanker@co.jefferson.wa.us**

Event Location: **Community United Methodist**  
130 Church Lane, Port Hadlock, WA



**Strengthening Families Program**  
**Iowa State's Nationally Recognized**  
**Science-Based Program**