

# COVID-19 Return to Child Care Flow Chart

## What to Do if a Person is Symptomatic at Daycare



Updated March 18, 2022

### Symptoms of COVID-19:

#### More specific:

Fever (100.4°) or chills  
Cough

Shortness of breath/difficulty breathing  
New loss of taste or smell  
Muscle or Body Aches

#### Less Specific:

Fatigue  
Headache  
Sore throat  
Congestion or runny nose  
Nausea or vomiting  
Diarrhea

Test for COVID-19

If **negative** test or a more likely alternative diagnosis

If test is **positive**

If **no test** and no more likely alternative diagnosis

May return to child care when fever-free for 24 hours and all other symptoms improving.

Determine when the person's symptoms started and assess for exposures in the child care setting (see contact tracing guidance on the next page).

Contact Jefferson County Public Health at (360) 385-9400 to report COVID-19 outbreaks, and/or if you have questions.

### Isolation:

Exclude from child care/work for **10 days**. If symptom free after day 5, they may return with a negative antigen test and strict masking. Masking is recommended for adults and children 5 and older.

For programs that serve children age 2-4 years of age, universal masking indoors is strongly recommended if considering early return from isolation among children. This is because, developmentally, it is easier for young children to follow rules that are consistent and apply to the whole group rather than those that are episodic and apply only to some children.

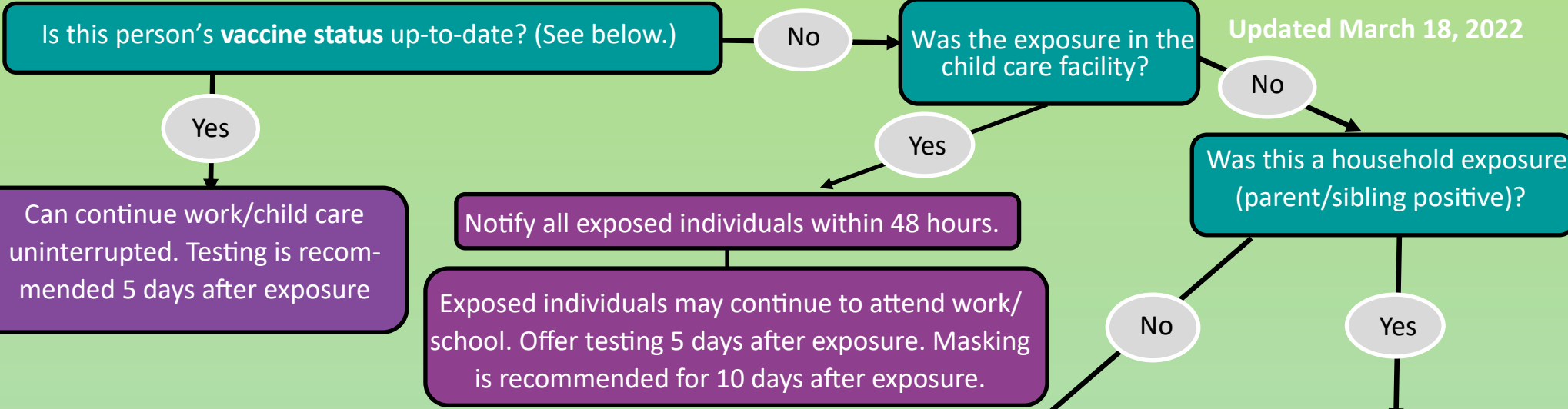
Please report positive COVID-19 test results via the online reporting form:  
<https://www.tinyurl.com/jeffcohometest>

# COVID-19 Return to Childcare Flow Chart

## How to Care for Children/Staff Exposed to COVID-19



Updated March 18, 2022



**Vaccine Status** is up-to-date if the person has received a booster dose or completed their vaccine series within the last 5 months (2 months for J&J).

**Masking** is recommended when case rates are above 100 per 100,000.

**Asymptomatic individuals** who have recovered from COVID-19 infection are exempt for COVID-19 testing and quarantine requirements for 90 days after their isolation period ends.

**Home tests are available** for individuals and families at Jefferson County Library and Bookmobile, Brinnon, Quilcene and Discovery Bay Fire Departments, and Jefferson County Public Health office.

**If testing is offered:**

- Asymptomatic students/staff may return immediately. They must test twice weekly for the next 5 days.

**If no testing is offered:**

- Quarantine exposed individuals for 5 days. May return after day 5 if asymptomatic.

**If symptomatic see page 1**

**If testing is offered:**

- Asymptomatic students/staff may return after their household contact has completed their isolation period (see pg. 1).
- Must test on return & 2 times weekly for the next 5 days.

**If no testing is offered:**

- Quarantine for 5 days after household contact completes their isolation period (pg. 1)