

MPV (Monkeypox)

What is MPV?

MPV, also called Monkeypox, is a disease caused by a virus that can cause a painful rash or genital sores. People who get MPV typically recover in 2-4 weeks. Some people are at higher risk for severe illness, including people with weakened immune systems.

HOW DOES IT SPREAD?



MPV most often spreads through prolonged skin-to-skin contact, especially during sex.

MPV can also spread through:

Respiratory droplets or saliva during prolonged face-to-face contact, such as kissing.

WHAT ARE THE SYMPTOMS?



A painful rash or sores that can appear anywhere on the body, including the throat, rectum and genitals.



Some people have flu-like symptoms, including fever, aches, or swollen glands.

Symptoms begin 5-21 days after exposure.



Call a healthcare provider if you have symptoms of monkeypox, especially an unexplained rash or sores. Find images of monkeypox rashes at [cdc.gov/monkeypox](https://www.cdc.gov/monkeypox). If you have had close contact with someone who has monkeypox, call **Jefferson County Public Health at 360-385-9400**.

Prevent MPV

- **Share awareness in your community.** This outbreak is disproportionately affecting gay and bi men and other men and transgender people who have sex with men.
- **Limit your number of new sexual partners** and talk to your current sexual partners about their health.
- **Avoid prolonged skin-to-skin contact** with anyone who has symptoms similar to MPV
- **If you have a rash or other symptoms similar to MPV**, avoid skin-to-skin contact with other people and call a healthcare provider.

MPV Vaccination

MPV vaccine is coming to Jefferson County but doses are limited. **Anyone who has a known exposure to MPV is eligible for a vaccine.**

In addition, **priority vaccinations are available for Gay/Bi or other men and transgender people who have sex with men who:**

- Have had multiple or anonymous sex partners in the last 3 months
- Have attended a bathhouse, circuit party, or group sex venue in the last 3 months
- Have had an STI in the last year
- Belong to a historically marginalized racial minority, or
- Have experienced homelessness or incarceration in the last 3 months



Call Jefferson County Public Health at (360) 385-9400

Or check out: [cdc.gov/monkeypox](https://www.cdc.gov/monkeypox) | [doh.wa.gov/monkeypox](https://www.doh.wa.gov/monkeypox)