

**JEFFERSON COUNTY PUBLIC HEALTH – PERFORMANCE MEASURES 2015 REPORT  
COMMUNITY HEALTH - FAMILY HEALTH SERVICES PROGRAM**

**PROGRAMS:** Family Health/Maternal Child Health (MCH) including Breast Feeding Support, Maternity Support Services/Infant Case Management, Nurse-Family Partnership (NFP), Children with Special Health Care Needs (CSHCN), Women Infants and Children (WIC), and the Child Protective Services (CPS) Contract Programs: Early Family Support Services (EFSS), Early Intervention Program (EIP).

**MISSION:** The mission of the Family Health Services is to offer health education and support to all Jefferson County pregnant women and families with young children as they build a secure foundation for a lifetime of health, learning, and community contribution.

<b>Goals</b>	<b>Objectives</b>	<b>Performance Indicators:</b>	<b>2011 Actual</b>	<b>2012 Actual</b>	<b>2013 Actual</b>	<b>2014 Actual</b>	<b>2015 Projected</b>	<b>2015 Actual</b>
<b>Goal 1:</b> Improve pregnancy and birth outcomes by helping women improve prenatal health.	Provide comprehensive education, risk reduction strategies, and referrals to community services to pregnant women and families about the health risks of: substance use including tobacco, alcohol, prescription narcotics, and illegal substances; domestic violence; mental illness; and adverse childhood experiences.	Number of comprehensive health screenings completed (includes ACES Questionnaire and Mental Health Screening)	69	77	41	39	50	47
	Implement Nurse Family Partnership, a science based program.	Number of visits provided in NFP	275	323	249	304	300	280
		Number of referrals from NFP to community resources	135	156	145	256	150	179
<b>Goal 2:</b> Improve children’s health, safety, and development by helping parent’s provide competent and sensitive care giving.	Educate parents on how to support their infant/child’s health, development and learning. Promote and refer to well child care, immunizations, dental care, and childcare resources.	Number of all Family Health encounters recorded in Nightingale Notes (home visits, office visits and phone calls)	821	697	506	544	550	522
		Number of families served through Children’s Services	39	25	46	3	5	4
	Screen children’s developmental growth using standardized tools and refer to community providers for specialized services.	Number of children with special health care needs Birth through age 18 referred for Public Health Nurse Case Management.	72	67	94	147	90	121

Goals	Objectives	Performance Indicators:	2011 Actual	2012 Actual	2013 Actual	2014 Actual	2015 Projected	2015 Actual
<b>Goal 3:</b> Improve overall nutritional health in order to prevent long term chronic diseases	Educate pregnant women and families about the benefits of breastfeeding and healthy eating habits	Total number of women infants and children served by WIC in Jefferson County (from CIMS report)	825	857	826	812	825	663
		Breastfeeding initiation rate in WIC mothers	92%	89%	93%	97%	90%	91%
		Breastfeeding at 6 months rate in WIC mothers	65%	57%	62%	59%	60%	64%

**Study/Analysis 2015 Results:**

JCPH Family Health Services address the needs of our community’s families through early prevention and intervention services. Programs such as Maternity Support Services, Infant Case Management, Nurse-Family Partnership and WIC are designed to reach local, state and federal public health goals. Families are enrolled in the programs based on differing criteria and all participation is voluntary.

Maternity Support Services, in which Public Health Nurses offer education, guidance and support to pregnant and parenting families, screened and enrolled almost 50 pregnant women in 2015. Topics discussed in this program include ACEs, breastfeeding, perinatal mental health, parent-child relationships, intimate partner violence, and substance use; in 2015 the Public Health Nurses continued their education in these areas through multiple trainings. The trainings included Domestic Violence Safety Planning with Families, Zero to Three Institute, Reflective Supervision, Breastfeeding, and DANCE (Dyadic Assessment of Naturalistic Caregiver-Child Experiences).

Jefferson County Public Health, Kitsap Public Health and Port Gamble S’Klallam formed the Bridge Partnership in 2012 to offer the evidence-based home visiting program Nurse-Family Partnership (NFP) throughout East Jefferson and Kitsap Counties. The regional approach of sharing resources has allowed expanded implementation of NFP. A total of 29 clients enrolled in the Jefferson NFP in 2015. Client attrition remains on the higher side in Jefferson; fifteen of the 29 clients were discharged over the course of the year for reasons such as moving out of the county, declining services or being lost to follow-up. Unlike other areas with large catchment populations, Jefferson NFP has a smaller eligible population with unique characteristics that can make it difficult for clients to remain in the program. The regional team continues to work together on outreach and recruitment to increase program visibility and participation.

The WIC Program offers services in Port Townsend, Quilcene and Tri-Area. WIC participation throughout Washington State has followed a downward trend in the last few years. WIC participation in Jefferson County reflects this trend as enrollment of women, children, and infants declined by almost 20% between 2014 and 2015. This decline was most obvious at the Quilcene clinic where 46 women, infants, and children received services through the Quilcene Clinic in 2015 compared to 94 in 2014. Specific reasons for this decline are not known, but may also be related to families moving out of the area. Quilcene clinic hours were reduced from weekly to biweekly at the end of 2015 in an effort to balance community clinic use with staff appropriation. Clinic operation will continue to be monitored and reviewed in 2016.

Breastfeeding education and support is provided through individual client contact in WIC, Maternity Support Services and NFP client visits, and the Breastfeeding Tea. In 2015, the breastfeeding initiation rate among WIC mothers in Jefferson County was 91% and duration at 6 months was 64%; statewide data is not yet available for 2015. In 2014, the statewide duration of breastfeeding at 6 months was 39%, Jefferson's 6 month breastfeeding duration in 2014 was 60%. Family Health Services Team regularly collaborates with Jefferson Healthcare medical providers and the Family Birth Center to provide breastfeeding and maternal-child health services. Kathy Luch LM, a member of the JCPH Family Planning team, achieved certification as an International Board Certified Lactation Consultant, and will be able to share her knowledge as facilitator of the Breastfeeding Tea and as a resource to the Family Health Team.

In past years, CPS managed two contracts with JCPH to offer public health nursing intervention with families in the Early Family Support Services (EFSS) and Early Intervention Program (EIP). As of 2014 only one of the contracts remained, and the number of services to families served through Children's Services remained low. JCPH, CPS and Jefferson Healthcare Primary Care providers plan to continue to meet monthly to address intervention and care of families involved with all three agencies.

Yuko Umeda March 3, 2016